

The Question Habit

Discussion Questions

Build resilient
relationships with
God and others
one question
at a time

THE WHY

1. You are called and equipped to discover your God-designed uniqueness, cultivate intentional relationships, and mentor with love. God placed you directly where you are, with the people He loves to include you in the work He is doing. How have you seen and experienced questions supporting you in your ministry and calling?
2. Identify three questions from Part 3 (pages 163-208) that you want to ask someone specific this week. Make a plan to ask them!

CHAPTER ONE

WHAT'S SO GREAT ABOUT QUESTIONS, ANYWAY?

Ask Yourself

- What moments or areas of your life seem most mundane? List three.
 - How might you build a habit of asking questions in those three mundane moments?
 - Will you pray the Include Me prayer for seven days and record what God does?
1. Discuss the “Ask Yourself” questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: Dream (page 165) that you want to ask someone specific this week. Make a plan to ask them!

A HOLY INQUIRY: QUESTIONS IN SCRIPTURE

Ask Yourself

- What question in Scripture stands out to you? Why?
 - What might you learn from Habakkuk's questions, and how might you apply them to your relationship with God?
 - If you could ask God any one question, what would it be?
1. Discuss the "Ask Yourself" questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: Do (page 169) that you want to ask someone specific this week. Make a plan to ask them!

GOD-GIVEN QUESTIONS

Ask Yourself

- When did a question inspire creativity for you?
 - Where can you place simple or valued memorials to God's work in your life? How might it inspire curiosity and questions in someone else?
 - What are three words you would use to describe Jesus's voice to you? Are these three words consistent with what you read of Jesus in Scripture?
1. Discuss the "Ask Yourself" questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: I Do? (page 173) that you want to ask someone specific this week. Make a plan to ask them!

THE HOW

1. Does the concept of a Question Funnel help you or not? Can you identify a relationship you have at each stage?
 - Invest: Mentoring with questions
 - Discover: Facilitating grace-filled conversations
 - Cultivate: Going deeper with care
2. Howard Hendricks says, “Every disciple needs three types of relationships in his life. He needs a ‘Paul’ who can mentor him and challenge him. He needs a ‘Barnabas’ who can come along side and encourage him. And he needs a ‘Timothy,’ someone that he can pour his life into.” Can you identify a Paul, a Barnabas, and a Timothy in your own life? If not, whom might you prayerfully ask?
3. Identify three questions from Part 3: I Do! (page 177) that you want to ask someone specific this week. Make a plan to ask them!

CHAPTER FOUR

STEP 1: INVEST

MENTORING WITH QUESTIONS

Ask Yourself

- Think back to a meaningful mentor who made a difference for you. What are three words you would use to describe him or her? Did he or she use questions or not?
 - Who are three people you might ask to mentor you?
 - Pray and ask God to include you in someone else’s mentorship story. Who is God placing on your heart?
1. Discuss the “Ask Yourself” questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: What Did We Just Do?!, Parent-to-Parent Questions (page 181) that you want to ask someone specific this week. Make a plan to ask them!

STEP 2: DISCOVER

FACILITATING GRACE-FILLED CONVERSATIONS

Ask Yourself

- Can you think of a time an antagonistic question shut down the conversation for you? What did you learn as a result?
 - What boundaries will you hold while building your Question Habit?
 - Of the options to consider before beginning a conversation (Prepare, Pray, Note Your Posture, Pronounce With Love, Pause, Consider Personality, and Keep A Big Perspective), which two do you want to focus on first?
1. Discuss the “Ask Yourself” questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: What Did We Just Do?!, Parent-to-Kid or Teenager Questions (page 184) that you want to ask someone specific this week. Make a plan to ask them!

STEP 3: CULTIVATE GO DEEPER WITH CARE

Ask Yourself

- What can you not *not* do?
 - When was a time you felt safe and secure as someone asked you questions? What did it look like and feel like?
 - Of the connection culprits of insecurity, fear, pride, busyness, and perfectionism, which is God calling you to tackle right now through His strength and grace or help another overcome?
1. Discuss the “Ask Yourself” questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: Dream Together (page 189) that you want to ask someone specific this week. Make a plan to ask them!

NEVER STOP EXPLORING

Ask Yourself

- Think back to a time when you felt like a good mentor. What were your life circumstances? What helped you serve effectively?
 - How might your God-given purpose and passions include the next generation?
 - What is the next transition in your life (whether an annual or life transition)? How might you include questions in the celebration?
1. Discuss the “Ask Yourself” questions above.
 2. What is your primary takeaway from this chapter and the discussion you have had?
 3. Identify three questions from Part 3: Friendship (page 195) that you want to ask someone specific this week. Make a plan to ask them!

THE QUESTIONS

1. What three words would you use to describe yourself? How might those words inform how you are most likely to enjoy a conversation with someone you love?
2. Review “Simple Ways to Start a Conversation” on pages 118–122. Choose one to have ready to ask people this week.
3. If you are in a group, discuss one question from “Simple Ways to Start a Conversation” among yourselves, getting to know each other even more.
4. What is your primary takeaway from this section and the discussion you have had?
5. Identify three questions from Part 3: Pass the Baton (page 199) that you want to ask someone specific this week. Make a plan to ask them!

A START TO YOUR OWN QUESTION FILE & CONCLUSION

1. What is something you agreed with in this book? What is something you did not agree with? What is your primary takeaway?
2. Over the course of this study, have you been able to have deeper conversations that lead to more resilient relationships? Share with each other. If you have not, what might you pray for or plan for so that you do?
3. In Chapter One you were challenged to pray the Include Me prayer for seven days and record what God does. What did God do?
4. Identify three questions from Part 3 that you want to ask someone specific this week. Make a plan to ask them!

LET'S BE FRIENDS

Visit presentlyengaged.com for more Jesus-focused encouragement to live intentionally!

presentlyengaged.com   *Mandy Pallock*
thequestionhabit.com

YOUR NEXT LISTEN

The Presently Engaged Podcast is full of short, friendly encouragement to live intentionally right where you are—and just the right length for a short drive or a walk around the block.

Listen in wherever you enjoy podcasts!

